America's Tinest Newspaper



Best Climate, in US by Government Report

Vol. 16, No. 31 Alpine, Calif. 92001 Friday, Aug. 4, 1967

10¢

### CROWD ENJOYS LUAU

Saturday night 150 visitors and guests at Alpine Trailer Camperrancho, upper Willows Road, as guests of the owners, Mr. and Mrs. David Arnst, enjoyed a delectable feast luau style, followed by a talented group of Samoans and some San Diego girls who really interpreted the ancient dances of the Islands.

The girls were taught by Star Suitonu, sister of Elisa Suitonu, from Hawaii, who herself did a remarkable Tahitian dance. The girls, foster daughters

### Ted Schuetz drowns

Rough surf and a mean undertow took the lives of two Navy youths at Pt. Mugu last Thursday. One was Aviation BM Apprentice Theodore "Ted" A. Schuetz, son of Mrs. Pauline E. Homer of 912 Silverbrook Dr., in Harbison Canyon. The other was Hubert V. Scherer, 22, of

Olney, Ill.
"The boys went swimming often during their lunch hour", Mrs. Horner told More on 22



Mrs. Helen Jenks, performed well, drew C OF C READIES MEMBERSHIP DRIVE

much applause. In photo are, back row, from left; Junior Saia, Faitoa, Tulele and Rintoss: front row: Wanda Jenks, Elisa Suitonu, Linda and Sherry Jenks.

True happiness is built on the solid foundation of being honest with your self.

For its fiscal year starting Oct. 1st. Alpine Chamber of Commerce has named it's membership committee, which will soon be out house-to-houseing. (See photo, page 3, of committee members.)

"Business membership is only \$20., says Mrs. Kuhl, who is secretary at the office, "while residential rate is but

Subscribe to the Sun. \$3. yearly.

## LISTINGS WANTED

**EXCHANGES** HOMES

RANCHES ACREAGE

# AL SMITH

445-2670

443-3675

2249 Hwy 80

Alpine

## EL CAJON THEATRE

444-3272

NOW THRU TUESDAY

Walt Disney's Fabulous

"Snow White & 7 Dwarfs"

"Tammy & the Millionaire"

FAMILY NIGHT EVERY TUESDAY

### AERO DRIVE-IN 444-8800

NOW THRU TUESDAY

Walt Disney's "Snow White & 7 Dwarfs" "Tammy & the Millionaire"

Swapmeet 9 to 5 Saturday & Sunday 50¢ to Walk in \$1,50 to drive in and Sell POP WARNER UNDERWAY

"With 21 enthusiastic youngsters, Alpine's Pop Warner football team is off to a grand start" says Manuel Moya, president of the association.

The boys were examined Thursday by Dr. EC Woodall, are issued uniforms on the 15th and will start practice the same day. The first outside game is played Sept. 15th. Coaches John LaChusa and Jim McElligott would like to see more young men come out for this worthwhile sport as they are in need of players.

These are on the lineup now: Danny Espinoza, Patrick Carrizosa, Ron Mova, Victor Cooper, David Owen, Larry Cole, Ron Lawson, Rex Leath, Mike San Soucie. Ron McKaskle, Jeff Weinschank, Ron Smith, Mike Scarbough, Matt Sample, Jay Moore, Tom Kyle, Ted Burrows, Alen. Barrett, Tom Baker and Jerry Smyth.

Last year Alpine's team made an excellent showing and officials expect them to show considerable improvement. "It is fun, exciting, and an excellent character builder" says Moya.

PARSONS PLAN MEXICO TRIP

An interesting camping trip to Estero Beach, Mexico is being planned by Mr. and Mrs. Paul Parsons and their three children. They are planning on spending a week there, enjoying the peace and quiet that area has to offer. Mr. and Mrs. George Archer will be on their property to care for it while they are enjoying themselves.

Roy Provence, Tavern Road, drove home a spanking new Austin Cooper Friday night, is thrilled with it and has been spending the weekend breaking in the little sports car. He is planning to fix up his old volkswagon and sell it.

The only person we know who makes a success in running other people down is the elevator boy.

For Your Health Foods, Vitamins And Special Diets Purchase With Safety And Confidence At The

## VALLEY HEALTH FOOD STORE

IN BUSINESS SINCE 1950

The address is still 133 Prescott, El Cajon, H14-8447

W.L. HOUGHTON, OWNER



Alpine Chamber of Commerce has named the above members to the new membership committee, which will soon start house-to-house canvassing.

Back row, from left, Julia Sachse, Ivy Kuhl, chairman, Erna Earle, front row; Orville Palmer and Katherine Black.

Classified ads will sell anything.

## A REFRESHING CHANGE IN AUTOMOTIVE SALES & SERVICE



**BIG SAVINGS!** 

New and Used CARS & TRUCKS

STREIT CHREVOLET

8000 Morningside Way, La Mesa

460-1311

# EDITORIAL



## Maybe some 'White Power' might aid U.S.

Perhaps it is not too far-out to say that if the Whites took a little inspiration from the Blacks, there might be some changes made in this country.

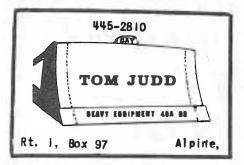
There is a movement in "Black Power", to get things done, to end the poverty, slums, and so on, which it does not take an 11-man President's commission to discover.

Why not let the poor people of

### ALPINE SUN

America's Tiniest Newspaper
445-2415 or 445-2394
2255 Tavern Rd., Rt. 1, Box 189
Alpine, SD Co. Ca. 92001
Published weekly on Friday
10¢ per copy, by mail \$3. yearly
Clarke Irvine, Editor & Pub.
AOPA 194347

Alice Irvine, Art & Composition Printed & Produced on the Ranch 2nd Class postage paid at Alpine. Est. Jan. 1952, Adjudged for legal ads on 11-12-59 in superior court, No. 238120.



America start a "White Power" movement, to rid the country of political intrigue and many other detrimental phases of American life today. We had that back in 1776, and it worked!

Things are getting nearly intolerable in this great country. When Roy Wilkins, secretary of the NAACP accused the nation of giving away billions to countries that hate us, instead of using that money to better conditions for the Negro here-- also the rest of the population-- he perhaps voiced something that many a white man feels, and talks about, out in the grassroots.

We feel for the good Colored people of this country who are as much mortified as any other segment of the population, over the race riots, burning and looting, but out of these excruciating events may come better conditions.

One point is that a large percentage of those rioters arrested had criminal records; young people who had gone wrong because they lacked inspiration, jobs, education, decent housing and so on.

Maybe this terrible shakeup in America will trigger some sort of a revolution for the betterment of the nation and its people. -CI

Mark Parsons, 13 year old son of Mr. and Mrs. Paul Parsons, spent last weekend in Rosarita Beach with Mr. and Mrs. Jim Arnicar and their 13 year old son Dolf. Mrs. Arnicar was Mark's summer school teacher, knew the boys would enjoy a wonderful time together.

# ALPINE LAUNDERETTE

Coin-Operated U-Wash
NEXT TO ROCKET SERVICE STATION

23 Washers - 8 Dryers - Starch Sink - Hair Dryer

Dry Cleaning By MASTERS -- Shoe Repairing

2038 HWY 80, ALPINE 445-9577

2038 Hwy 80

6 A.M. to 9:30 P.M.

Alpine

When Alpine Lively Oaks Club sent its noted Hill-Billy Band down to the county fair the country knew who they were and where they were from, as shown by sign on school bus chartered for occasion in Blackie Vigneault's photo. From left is Wm. F House. driver; little Mike McAllister, 6½, from Hurst. Tex., visiting

his grandparents, the W.B. Vigneaults, and Mrs. Gladys Pinkerton, prexy of the club and leader of the band.

Mrs. Vigneault left Monday with Mike to take him home after which whe will visit relatives and friends.

a W. R. Vigneaults

First soldier: "How come you happened to join the Army?"

Second Soldier: "Well, first of all I wanted to fight; second, I felt it would make me physically fit; and third, they came and got me."

WATCH FOR

# GRAND OPENING

ANNOUNCED IN THE SUN NEXT ISSUE

**ALPINE** 

# **WESTERN WEAR**

FULL LINE OF BOOTS, CLOTHING, SADDLES, TACK & ACCESSORIES

Featuring Such Brand names as Textan - Custom Made Wrangler - Acme - Nacoma - Panhandle Slim

## **Billy and Nancy Mitchell**

Cordially Invite You to Come in and SEE OUR COMPLETE SELECTIONS

2011 HWY 80

Alpine Rexall Bldg

445-2739

Plenty of Parking

Mr. & Mrs. W. S. Collier, who last year bought the Arnold Phillips place, corner Arnold Way & Foss Rd., are entertaining their daughter, Mrs. Paula Rose, while her husband is stationed in Viet Nam. Collier is sales representative for the Hawthorne Machinery Co., in SD. They have made this into one of Alpine's most spacious and nicest homes.

## **Alpine Grading** & Equipment Rental

Fred Rushing

Alpine

445-2214

## Log Cabin Cafe

COCTAIL LOUNGE

2205 Hwy 80 Alpine 445-2243

Ratliff Liquors 2223 Hwy 80 Alpine 445-4462

### FIRST BAPTIST CHURCH

OF ALPINE

Arnold Way At Tavern Road

Sunday School 9:45 - 10:50 Morning Worship 11:00 - 12:00 Prayer Meeting 7:30 Wed.

The Rev. French P. Blevins, Pastor Church Phone 445 2338

Pastor 423-2806

ANGELINOS SEE RATTLER

Three children from Los Angeles, Janet, Stephen and Jeff Baird, niece and nephews of Mrs. Jerome Lipetsky, South Grade Road, saw their first rattle snake in the open last week when they were returning from a hike in the Cuyamaca Mountains. They looked over a log to see a lizzard and there sunning himself was a huge snake. He took cover under some boulders so Mrs. Lipetsky and her family continued down the trail. The youngsters have been visiting here for the past month, attended summer school, the YC program, camping, fishing, and Mrs. Lipetsky says "am sorry to see them leave, they were all so good and we did enjoy them."

RESTORING DESCANSO TOWN HALL

Descansons are busy raising funds to rehabilitate their ageing community meeting place, the Descanso Town Hall Assn. They have already raised \$38.45 from a bake sale at Perkins Market; gleaned \$164, from a raffle of a colt donated by Mr. & Mrs. Cornman, which was won by P.L. Barker, of Chula Vista.

The Knitting Bags, a group of women are making up a lovely afghan which is soon to be raffled. Also donations are coming in from the people so they will rejuvenate the old building and use it for meetings, entertainments and so on.

THANKS, FOLKS.

Hello: The papers are coming through fine. Usually have the Sun on Saturday and I sit down and read all the Alpine news. Renewal check enclosed for \$3. -Mrs. Marie Frey, Oregon City, Ore.

Good Husband: One who will wash up when asked and dry up when told.

FOR SHAPLIER SHAPES

Maidenform Bras & Gossard Bras Gossard Panty Girdles & Real Form Girdles

## Alpine Hardware & Dept. Store

2218 Hwy 80

445-2406

Alpine, Calif. 

One of latest examples of art executed by Richard Zuelke at the Fiberglass Menagerie here, is a huge spread eagle in full color. It was done for Granite Hills HS in EC. so Jim Rorie, owner of the unique shop which is selling animals all over the nation today. had a mate built, which is to be sold in the near future.



MENAGERIE GETS PUBLICITY

The Daily Californian of EC ran a 3column photo and story of Mildred Rorie and the replica of Trigger, Roy Roger's famed horse which she and Jim produced at their Fiberglass Menagerie here. It was trailered to Roger's museum at Apple Valley Friday morning.

"Conductor, will you help me off the train?"

"Sure, but why?"

"You see, I'm stout and have to get off backward. The porter thinks I'm trying to get on and gives me a showe on again. I'm already past my stop now.



# **OWE LETTERS?**

Drop your pen and take phone in hand With a Long Distance call you'll be talking almost as soon as you can write: "Dear . . .". And nothing says you like your voice.



### HORSE TALK

Cynthia Irvine Mc Taggart

Mike Scully is all smiles this week. His mother just bought him a beautiful 9-year old buckskin mare called Buttermilk. She is a fast and excellent gymkhana horse.

We knew Betty Rash couldn't keep off a horse, and when she sold her mare and colt last year wondered how long it would be before another one showed up in her corral. Sure enough, Sunday she and her husband Sam went to Lakeside and bought an 11-year old buckskin mare named Yakie. She says she is part Tennessee Walker and Ouarter, has :nice gates and has been well trained so hopes to enjoy riding when the evenings are

Commercial - Residential - Mobile

AIR CONDITIONING

Rosko Refrigoration

SALES AND SERVICE

445-3836

9926 Hawley Rd.

El Caion

All Types of INSURANCE

Home - Commercial - Industrial Accident - Life - Automobile

"Serving Alpine Area Since 1875" 442-8871

PERCY H. GOODWIN Co.

490 N. Magnolia El Cajon

cool. After they brought the mare home Rash parked their trailer in the back yard. When he went to work Monday, didn't realize the trailer was in the way, and he smacked into it wrecking the axle. It will have to have some repair work before they can use it again.

Thunder, Mike Scullys horse, before he got a nice buckskin, has been laid up with an abcessed back is much better now and can be ridden a little, but without a saddle. Mike's brother Frank just traded his gelding for and 11-year old gymkhana mare. She is black and quite nice so hopes to enter in some shows soon with her.

Jack Pingleton has a 5 year old: chestnut mare for sale. Sounds like she has been well trained, call him, 445-4361 for more information.

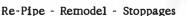
Last week Bill and I were riding in the evening down on Japatul Rd and a huge Rattler went right in front of us. My horse Smokey almost stepped on him! He just kept on going and went off into the weeds. They are really out this time of the year and especially in the cool evenings.

Mandy Payne is counting the days till her horse Princess has her baby and she hopes for a filly. She is also taking care of Helen Nation's bay mare Termite for her and may buy her. Richard Zuelke was keeping the horse but didn't have time any more, so Mandy has the job now.

June Brown, comely El Cap student who lives in Japatul Valley, has been put on as clerk to assist Mrs. Geo. Grube in sales at the new Alpine Home Bakery. She aspires to eventually be a teacher.

The wedding was a very swell affair they even used puffed rice.

REPAIR SERVICE

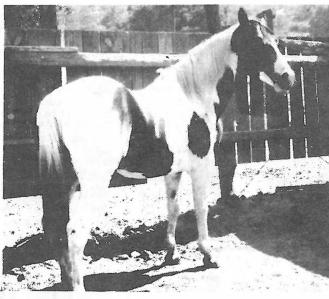




If no ans call 445-2104

HOT WATER HEATERS

P.O. Box 145 ALPINE, CALIF. 92001 This is Bert a registered Pinto stallion owned by Woodie Mitchell. He has won in quite a few national shows and is a really beautiful animal.



O'CONNORS HEAD OF CAMPAIGN

Mrs. J. H. Gill, president, SD chapter, National Cystic Fibrosis Foundation, announces that two civic minded citizens have been named co-chairman for the annual county fund-raising drive.

They are Sheriff Jos. O'Connor and his wife Shirley, who will be busy starting the drive on Sept. 1, It lasts a month, Goal is \$51,000.

O'Connor, for 11 years police chief in EC, reelected last year, is a native Canadian, has lived in Seattle and other coast cities., is a graduate of the FBI Academy, Washington, DC, Mrs. O' Connor is a Pasadenan, but spent most of her life in SD County,

Mr. and Mrs. J. Wm. Clark, Tavern Road, enjoyed their 22 wedding anniversary Sunday with a dinner when family and friends came to help them celebrate.

LISTINGS WANTED GORDEN REAL ESTATE 2140 Hwy 80 Alpine 445-2218

"Don't you think a pat on the back develops character?"

"Yes, if administered young enough and low enough."

### McGUFFIE'S SUNDRIES

Medical Preparations - Vitamins

### Fountain Lunch

Greeting Cards - Cosmetics

PAY LIGHT & PHONE BILLS HERE Current Magazines

2863 Hwy 80

445-2121

## Alpine CONVALESCENT Center

STATE LICENSED

Conscientious Service Balanced Meals Congenial Atmosphere

REASONABLE RATES DEPENDING ON CARE REQUIRED

445-2644 or 445-2645

2120 Hwy 80

445-2771



**Walt Compton** 

10

CARD OF THANKS

Mrs. Elizabeth Kenevan, who has been ill for the past few months, wishes to thank all of ther Alpine friends and neighbors who have sent cards flowers and gifts during her illness. She is slowly improving, says "I didn't know that people really cared so much or that they could be so kind. It is worthwhile living in Alpine because people truly feel for one another".

She and her husband Don want the people to know their deep appreciation for all they have done during this trying time.

He had Tarzan eyes - they swung from limb to limb.

IN ALPINE

Dr. Edgar M. Poe
OPTOMETRIST

445-2345

## **ALPINE REALTY**

Company

LISTINGS WANTED

Homes - Ranches - Land 2175 Arnold Way 445-3310

## BEESON'S DISPOSAL Service

Trash & Garbage Mixed

Twice Weekly Pickup

SERVING HARBISON CANYON TO ML. LAGUNA

Call 445-3029 After 4:30 pm

MERRILL HOME SOON FROM WAR

In a letter to the Sun, Mike Merrill, son of Mr. and Mrs. Richard Merrill, of the printing firm, 105 Willowside Ter., expresses thanks for the Sun, says he is just back from an R & R trip to Hong

Kong, had a good rest.

"You asked how long it takes for the paper to reach me", he writes, "about a week and a half (2nd class), and sometimes our mail is late. Enjoyed the Cousins Four singing on the tape you sent, so am looking forward to hearing and seeing them in person. My best wishes always go with them.

"Well, I've just got 22 days? left before I take that 'freedom bird' back to the States and good 'ol Alpine. It's been a long haul but well worth it? I'll be leaving Vietnam on the 10th August, so better stop sending the paper. I have enjoyed the Sun very much and so have my buddies here, too. Thanks, very much, Clarke, for sending the Sun to me, also for your letters and tapes. Twenty-two days and a duffle bag shuffle! Regards to all, sincerely, Mike."

Note- Needless to say we got lumps

in our throats.

NEW INSURANCE HEAD AT GOODWIN

Kenneth G. Marshall is the new office manager of the insurance office Percy H. Goodwin Co., coming from the Great American office in SD! where he has been for 6 years. He is a graduate of the University of Penn. Marshall joined Percy H. Goodwin Co. when they only had 6 employees, today they have 125, with branches in El Cajon and Anaheim. They serve many patrions in Alpine and the Mt. Empire.

LUCK OF IRISH HOLDS GOOD

Mary Eva Fitzgerald, daughter of Mr. and Mrs. Gene Moats, now of LM, who formerly lived here, and who won about \$11,000 in cash and prizes on an LA show over TV, had her photo on Page 1 of the Daily Californian, of EC last Thursday.

# Farmers Insurance Group

Arlie D. Nunley

149 N. Magnolia El Cajon

442-9484

INNOCATION IN BLASTING HERE

How two inocuous materials, ammonium nitrate, a fertilizer, and fuel oil, similar to diesel oil, when put together, are used to blow up solid granite for the freeway, was explained by Resident Engineer Jerry Smith this week when the Sun made this photo of a new rig used to blend the materials.

"This is the first time I have seen this done" he says "the truck shoots the prills, or

tiny pearls of nitrate down a tin chute while being sprayed with the oil which makes it a dangerous explosive."

Heretofore all high explosives had to be gingerly handled, but now the two materials can be knocked around till mixed. Smith pointed out that the discovery was made when the ship loaded with intrate blew up in a Texas harbor causing a major disaster. It was caused when leaking fuel oil contracted the prills and something ignited it.

A charge of 60% dynamite is put in the bottom of the hole, then the charge poured in. The dynamite is set off by a cap, thus igniting the main charge.

"Did you hear the story about the lady who shot her husband with a bow and arrow because she didn't want to wake the children.

# **BROWN REALTY CO.,** Listings Wanted

Homes - Ranches - Acreage

2237 HIGHWAY 80 ALPINE, CALIF. 92001

P.O. Box 317, Alpine. Cal 92001
OFFICE PHONE
RES. PHONE

445-2631

445-3035



If any one speaks ill of you, let your life be so that none will believe him.

## Glenview Feed Co.

PURINA CHOW - ACE HI FEED

Hay & Seed Grain 443-3883

13283 Hwy 80 At Los Coches Road

### SELLMAN BUICK

Now Serving The

ALPINE AREA From

### El Cajon, California

With Andy Ballantyne's Traditionally Great Service and Selling

Buicks - Opels GMC Trucks

Selected Used Cars & Trucks

# SELLMAN BUICK

442-6671

300 El Cajon Blvd

El Cajon

ASSEMBLING MONSTER CULVERT

Thousands of dollars are being spent putting in this huge 15' galvanized steel culvert under the bridge at Peutz Valley Rd., where the freeway will pass over on its way up to Alpine.

Crane at left is used to hoist weighty pieces of steel into place. The Sun's jeep is dwarfed at near end of culvert, backed down incline to show comparative size, came out under-4-wheel drive.

Culvert will connect with old concrete one now carrying storm water under present Hwy 80, built in 1933, mouth of which is just this side of jeep.

Freeway will pass over Peutz Valley Road, which will be extended south to connect with Harbison Canyon Road, at Arnold Way. Freeway construction is main topic of Alpiners these days.

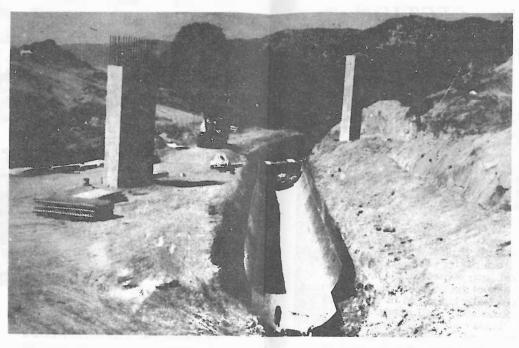
NRA PROGRAM FOR OPTIMISTS

Ed Pye, from the National Rifle Assn., was at the YC on Wednesday night giving an interesting program on the hunter safety classes being put on by his group. It was well received and a lot of hunters benefitted.

# Alpine Trailer CampeRancho Resort

ALL YEAR RESORT FACILITIES FOR TRAILER, CAMPER, TENT PICNICS, DAY, WE.EK OR MONPH POOL, PATIO, BAR, MUSIC, GAMES, DANCING, HIKE, CYCLE, AND HORSE TRAILS,

COMPANY & PRIVATE PICNICS 445-3162 463-2028



GINNEY PAYNE IN HOSPITAL

Mrs. Douglas Payne, Japatul Valley, is improving steadily in Naval Hospital from a bad infection that went through her whole body, had to be in oxygen several times. She will be there several more weeks, would like to hear from her many Alpine friends. Write Bldg. 15 Floor 2. Navy Hospital. Visiting hours are 2-4, 7:to 8:30 and she can have friends come in. Her daughter Ginney, stationed in Maryland, with the Waves, was given emergency leave to come home to help out until her mother returns.

### PRESLEYS ENTERTAIN SISTER

Mr. and Mrs. Robert Loper and two daughters. Tetri, 8 and Sandy, 10, spent 3 days here visiting Mrs. Loper's sister and family, Mr. and Mrs. H. V. Presley and children of Arnold Way. It was the first time in 5 years the sisters had been together and they made the most of their time together. They took in Disneyland, the harbor, beaches and everything they could think of that would be fun. They left for Visalia, Oregon and other places up the coast visiting frienda and relatives before returning to their home in Lewiston, Idaho. They are former El Cajon residents.

YC PROGRAM GROWS

With 50 and more attending the Youth Center activities Judy Welks and Tom Pendley, directors are busy every minute. Both are doing a marvelous job, say officials, and the program will last through August with sports, arts and crafts, tennis, swimming, and all manner of things for children to enjoy. "Be at the Center at 12 and stay till 6" Judy and Tom says, "and come have a good time."

Some people pour antiknock into their autos when they should be taking it themselves.

# Evelyn's BEAUTY SHOP

PERMANENTS FROM \$6.50 UP

Closed Tuesday 2030 Crest Dr.

444-4294 Suncrest



### **Fashions**

DRAPERIES
CARPETING
UPHOLSTERY

Bus. 442-1408 Res. 444-8648

VALLEY CHASE CENTER
465 E. Chase Ave. El Cajon

# PARIS MORTUARY

**Since 1943** 

A.M. PARIS E. VIERKANT

442-4411

374 N. MAGNOLIA

EL CAJON

# WEEDS WEEDS WEEDS

SOLVE YOUR PROBLEMS THROUGH

Valley Equipment & Trailer Rentals

½ MILE NORTH OF VALLEY HOSPITAL, EL CAJON

12839 East Hiway 80

El Cajon

Phone HI 4-2893



## A PHYSICAL FITNESS SECTION 🚓



80 CofC is NOW INTERSTATE 8

At last week's session of Hwy 80 Chamber of Commerce in Don Walker's LM home they voted to abandon the Hwy 80 apart of the name, take on Interstate 8. which replaces old Hwy 80. Russ Crane was guest speaker on the new route. Pan-American West Hwy, Alaska to Mexico.

CLUB PLAN SWIM PARTY

At the regular pack meeting, Aug 25th, Mr. and Mrs. Leroy Wedel are hosting the boys to a swim party and all are looking forward to going. Their picnic Friday night was fun with most of the cubs present. A lively ball game took place and both parents and boys report a good time.

N.W. Wasson

### EXCAVATING

445-3637

All Types of Dirt Moving

EARL'S

## MOBIL STATION

Complete Lube Service, Dorman Recaps. Truck Tire Service: Any Place; Any Time. Batteries and Accessories. White Gas and Block

We Give S&H Green Stomps 2151 Hwy 80, Alpine 445-4188

### CARE OF THE BODY

By Frances McTaggart

BE KIND TO YOUR FEET

The modern shoe is not always made to fit the foot- In many instances the foot is made to fit the shoe and as a result we run into foot troubles.

A large number of small bones enter into the making up of the feet and are firmly bound together by ligaments and tendons. Sone of the muscles in this area are confined to the feet, others extend beyond and are attached to the bones of the leg almost as high as the knee. It is easy to understand, then, when ill-fitting shoes are worn, a great part of the leg is effected. When the feet hurt, we seem to ache all over.

Shoes should be neither too large nor too small, but should fit snugly and comfortably on all parts of the foot,

It may come as a mild shock to realize that the perfectly shaped foot is not necessarily a pretty one. It is too square and lacks in what we may call graceful lines. but this is the ideal shape to support the weight of the body plus any additional weight that a person may carry. cont. next week.

QUOTES TO QUOTE TODAY

It was in May 1962 that Defense Secretary Robt. McNamara came back from Viet Nam saying "Progress. . has been great. . Shows we are winning. . . There is no plan for introducing combat forces into South Viet Nam".

No plan is right! Yet nearly half a million men are fighting and dying

Troubled With Insomnia POOR CIRCULATION, NERVOUS, TIRED, TRY

SCIENTIFIC SWEDISH MASSAGE

FRANCES McTAGGART

(LICENSED MASSAGE THERAPIST)

1906 TAVERN ROAD

445-2433



LUTHERAN VICAR ARRIVES

The Rev. Paul Heyn, of Alpine Lutheran Church, reported that Vicar Carl Otto, moved in Wednesday at the living quarters of the new Lutheran Church 2040 Tavern Road. He comes from Denmark, Wisc.

Photo shows trio working Saturday in the church edifice. On ladder is Rev. Heyn, with Dan R. Westfall, handing him ceiling tiles, while his father, Dan W. Westfall, in charge of the job, stands in the middle. They are applying insulation material in walls and cellings.

Godon Westfall, another son, is in the service, now back in Germany from Korea.

Orator: "In this great and glorious country of ours there is no north, no south, east or west."

Listener: "No wonder we don't know where we're at."

Ed Wagner

Independent Distributor CARNATION

DAIRY PRODUCTS

234-2281

## El Cajon Valley Insurance Agency, Inc.

168 Rea St.

PO Box 537

El Cajon, Cal. 92022

444-6151 465-5600

Chas. E. Cordell Chester O. Bolles David L. Smith

> For all your needs, monthly budget plan.

# Carl's Boot & Leather Shop

SADDLES - TACK - SUPPLIES - CHAPS TO ORDER

1275 N. Second, El Cajon

442-3027

# DOUBLE TALK

By Cecile and Celeste Irvine We had quite a nice surprise when we got home this past week-end. Our pet hen Chickedee presented us with 6 beautiful little babies. She finally got the urge to sit 3 weeks ago, so Mama got some fertile eggs from Rosalie Graf and Chickedee did her duty. She is quite a hen. She still thinks she is human because when Howard Barrett gave her to Cynthia over a year ago she wouldn't go a mother hen we had and would run to us to be picked up. We have had her picture in the paper several times and probably will again with this experience. The hen has had quite a different life than most chickens. She was raised in a bird cage and has never learned to roost, also was nearly eaten alive by some dogs. because she isn't afarid of them, but lived through it and now mother-hood, which we all think she deserves. al-

though she is not the real mother.

Bob Smith's dog Mc Gee brought in a little female dog last week and as she was sick he took her to the vet for treatment. No one claimed her so he has kept her. He had her spayed and calles her "Little Dog".

Lynn Kinikin's dog Patches is expecting her second litter of puppies soon and they should be real cute.

Ron Tyrrel is offering a \$10 reward for the return of his two dogs that wondered away from home last Sunday night. One was a Chihuahua and the other a mixed black-haired female with brown paws and brown spots above the eyes. If you have seen licensed dogs or know where they are you can call him. 445-4186 or 445-4324. We know

Don Roccoforte



DON'S

**Barber Shop** 

2253 Hwy 80 445-4103 Alpine

he would appreciate their return as they are pets of his children.

Mike Scully and Roger Jerney killed a 3-foot rattler on Tavern Road last Wednesday. They were coming home and saw it by the road but killed it before ft could hurt anyone.

Johnny Edwards made Staff Sgt. last week when he returned to Viet Nam, his second trip there. His dad came in with the news and gave us some too. He had his 62 Falcon stolen almost in front of his eyes. He was visiting a friend at the Frontier Motel in El Cajon and saw his car parked out in front. When he looked up again, it was gone and it took the police 10 days to find it. Someone had driven it clear up to Highland, Calif. and damaged the interior and exterior pretty bad. He was glad to get it back but has to spend quite a lot of money to put it in shape again.

A big party is being planned for Howard and Vincent Presley Saturday night. They are 12 next Monday and so are celebrating tomorrow night. Their sister Barbara, who is 14, got to take the bus to Brawley and spend the week-end with her cousin Cherryl Presley. Her cousin's parents have a boat and go water sking all the time, so she will have a wonderful visit.

When we found out we got to go to Oklahoma and Arkansas with Daddy and Al Smith we were more than excited. Mama didn't want to go because of the heat so stayed home and looked after the horses and the ranch. We will be home tomorrow and have a nice report for our column for the August 11th issue.

We get to see the Will Rogers Memorial al in Cleremore, and Daddy is thrilled over that as he knew Rogers real well when he was director of publicity for Goldwin Studios in Chilver City. Daddy tells how he used to go riding with Bill-he says Will never liked to be called Will and Daddy watched him do his first movie there. We stopped off in Arizona once and visited Will Rogers, jr., on his ranch and had a long chat with him as he had not seen him since he was a little shaver back in the studios,

Oh. Yes, we're going to get to see the Cowboy Hall of Fame and other places of interest while there. We are going in a 6-place Piper Cherokee and Daddy is going to do part of the flying with Al Smith's nephew, Roger, whose Daddy is a veteran piolt with Western. Daddy who is 74, is the oldest student pilot in SD County that they know of.



YOUNG LANDT GETS PROMOTION
Word has just been received here
that Lieut. Geo. Landt, has won promotion, is now a First Lieutenant. His
elevation came on July 6. He is with
the 506th S&S Co., in Viet Nam,
stationed at a supply base somewhere
in the jungle north of Saigon. His twin
brother, Louis Landt, jr., is also in the
service.

If a child annoys you, quite him by brushing his hair. If this doesn't work, use the other side of the brush on the other end of the child. To avoid that run-down feeling, cross the streets carefully.

## Land Listings N.M. GRIECO Realtor

465-9900

7299 University Ave.

La Mesa

## Meachum's

Window Coverings And Floor Coverings SALES AND INSTALLATION 444-4398

260 W. Douglas

El Cajon

# Rocket Gasoline

Alpine

Major Brand Oils

TIRES

ACCESSORIES PROPANE

Alphae Rocket Sorale

Walt Finch, Owner

2038 Hwy 80 445-9577

## Your Complete Fashion Specialty Shops

Revolving Charge Accounts



Bankamericard Famous Brands

WIGTON'S

smart apparel

El Cajon

College Grove

Pacific Beach

TO ENJOY ALASKA HOLIDAY

Frank and Rachel Zirwes, genial couple who run the well known Strout Realty office in EC., are closing for the month of August to take off for a

holiday in Alaska.

"Our oldest daughter, Mary Lovel", Zirwes told the Sun, "and her husband Clyde are homesteading in the wilds between Anchorage and Fairbanks. We haven't seen them for seven years, and want to forget business for a shortttime, and get acquainted with their family.

## Kip's Cafe FINE CHINESE FOOD

Delicious - Oriental - Exotic ORDERS TO GO - ALSO HOME DELIVERY CLOSED MONDAY. FREE DELIVERY 1058 E Main El Cajon 442-1211

### PICK-BATES REALTORS

Member, El Cajon Valley Multiple Listing Service L. A. Pick, Notary

### LISTINGS WANTED

HOMES - RANCHES - LAND 445-2537

2445 Hwy 80

Alpine

# Bob Wilson's Texaco Service



BATTERIES TIRES ACCESSORIES Complete Motor Tune-Ups 445-2872

2232 Hwy 80.

Alpine, Calif.

#### **EXCITING LONG DISTANCE CALL**

Wednesday night in the YC the Alpine Optimist Club put on an unusual program, a free surprise call from here to Germany from a local woman. It was by Mrs. Caroline Thanner to her brother, Quirin Zehelnair in Bavaria, Augsburg, Germany, She had not seen or talked to him for 46 years. As he did not have a phone, neighbors had to go get him, much to his surprise, and at 4 a. m.

Nat Potorff, Lakeside Optimists, secured the unique program for the new local club which it sponsored, now has 29 members. Jim Woodward of Pacific Telephone, who engineered the program called "Hello Around the World". gave a talk on modern long-distance all over the globe.

The club gave Mrs. Thanner the call to honor her for church and civic work. She talked nearly 15 minutes, was greatly thrilled as she came to the session expecting to be interperter for a call to an Optimist group in Germany-- but it was her own call!

SUMMER SCHOOL ENDS TUESDAY

Instead of going to school Tuesday, all children that have attended the session are invited to an all day Luau at Shadyrock sponsored by HC and Alpine PTAs. The program starts at 10 with athletic demonstrations by the youngsters and a big Lual at 12, and then both children and adults will enjoy the facilities at the park. After swimming, the children will entertain the parents with dances and songs.

REAGAN TO SPEAK AT BIG DINNER

The 17th annual \$100 dinner to raise funds for GOP election campaigns is shaping up for the Nov. 3 date in Hotel del Coronado with Gov. Ronald Reagan as chief speaker. Forecast is for a record 1000. Reagan drew 900 at the 1966 one, who becomes the first to address this function on 3 occasions.

#### DR. FRANK J. BORNOWSKI D.C.

General Practice Sundays & Holidays By Appointment Closed Wednesday

445-2169



JIM KING FAMILY PAYS VISIT

Jim Wayne King, son of Jim King, Alpine's painter, of Irvine's Trailer Estates, was here for a few days, driving in from Sheridan, Mont, with his wife Frida Marie, and two of their sons, Carl, 17, and John, 14. They went sightseeing, swam, enjoyed the quiet of Alpine.

The Kings have two other sons, David, 21, due in SD Monday from Viet Nam. He is a L/Cpl in the USMC, will go to Phoenix, then on leave and out of the service. Jimmy, the other, is also a L/Cpl in the Army, is on duty in Germany, due back in September. King is with the Stauffer Chemical Co. Melrose Division, as maintenance man, She "Can you drive with one hand?" He: "Sure" She": "Okay, have an apple."

# Lutz's Garage

Complete Automotive Service AUTHORIZED

## BRAKE STATION



24-HOUR TOWING 445-2967

Harold Lutz P.O. Box 341 1620 Hwy 80 Alpine

240 W. Main St., EC

With the Good Housekeeping Seal

Mary Carter Paints

Buy Two and Save"

Hours 9 to 6. Friday 9 to 9 UNFURNISHED FURNITURE And Finishing Materials

444 - 2316

1981 Arnold Way

EL CAP BAND HOME

Although El Capitan Band is home, & all enjoyed a fabulous time, the \$2,000 tney were short, still has to be raised and paid to the school. Students and their parents worked hard but Mrs. Rash and her daughter Dorothy are still taking donations. If you call 445-4010 she will be glad to come by and pick up anything you care to donate. She plans on carrying on with her effort to help members raise the remaining amount and you can help by cleaning out your attic, garage or celler and donating unwanted items to her. She takes them to a Chula Vista Swap meet where the people of Mexico come over and buy most anything.

ALPINE



PHARMACY

SPECIAL 1-100 Vitamin C 98¢. Prescription Specialists - Cosmetics 2109 Hwy 80 Alpine 445-2488

# CARRELL'S

Hay, Grain & Supplies George Carrell 445-4436

Vet Supplies

Closed Sunday

2424 Hwy 80 Alpine.

# Nutrition Center

Your Health Food Store

162 E . Main

442-7212

Mr. & Mrs. H.A. Gillies COMPLETE LINE OF HEALTH FOODS. SPECIAL DIET FOODS - VITAMINS

MINERALS AND SUPPLEMENTS Open Daily Except Sunday

9 am to 5:30 pm

E ONE WA GREEN STAMPS

### CLARKS ENTERTAIN OREGONIANS

Mr. and Mrs. J. Wm Clark, Tavern Road, entertained his sister and husband, Mr. and Mrs. Arther Whitcome of Portland last week. They flew down, their first plane ride and also their first trip to Alpine.

Whitcome is a semi-retired masoncontractor while his wife Ruth is a secretary for several architects in Portland. has been 9 years with them, will retire in 1969.

They especially enjoyed Alpine Fiberglass Menagerie here, the beautiful rolling hills and the cool evenings. During the week Mr. and Mrs. Clark drove them over 500 miles, covering Tecate and all of the historical and interesting spots in and around SD. They thought the Rosecraft Begonia Gardens in Pt. Loma especially beautiful and returned home very happy and contented. Was the first time in 4 years that Clark and his sister had been together and they fully enjoyed every minute.

CHURCH TO HAVE HILLABALOO

Mr. & Mrs. Leo Young, chairman of the third annual Hillabaloo of St. Louis de Marillac Catholic Church, 2005 Crest Drive, Suncrest, say all is ready for the big event this Sunday Aug. 6. from 11 to

"We will have an old-fashioned bazaar" Mrs. Young told the Sun, "with chicken dinner, booths, games, sale of homemade goodie, and fun for the kiddies". Fa. Chas Dollen, pastor, will be on hand.

A deaf woman entered a church carrying an ear trumpet. Soon after she had seated herself, an usher tiptoed over and whispered!' "One toot, and out you go!"

# STALLION OAKS

GUEST RANCH

RESTAURANT NOW OPEN RIDING STABLES

DANCE HALL

Tavern - Cabins -Swimming

Descanso - 445-4179



Several readers commented on Cynthia's Miss America cartoon so here is one she did on surfing. (See her "Horses in Art" at the Alpine Library this

month. "



SAVE LETTER WRITING

Here's an idea that will cost you a little but will make it easier when you write to your friends and relatives back east or where ever--just get them a subscription to the Alpine Sun, for only \$3 a year. Quite a number of folks here do that as people like to hear about what's going on in the little village of Alpine. Besides, it is unique to show Americas Tiniest Newspaper to their friends.

Just send name, address, and zip number with check, money order, or cash, to the Sun, Rt. 1, Box 189, Alpine, 92001,

### Water Wells

PUMPS

SALES . . . . SERVICE Water Wells Drilled

STOCKTON PUMP & MACHINE

311 N. 2nd, El Cajon , 444-2672

In God is my salvation and my glory: the rock of my strength, and my refuge, is in God. Psalms 61:7

# El Cajon Awning & Mfg. Co.

Alpine Representative, Lee Widmer, 445-4171

AWNINGS . CABANAS . SCREENED **ENCLOSURES** 

Mobile Homes • Patios • Residences

COME IN AND SEE OUR SHOW ROOM DISPLAY

845 El Cajon Boulevard, El Cajon, Calif. Tel. 442-3301

Your local newspaper is a wide-range newspaper with many features. Its emphasis is on local news. It also reports the major national and international news.

THE MONITOR COMPLEMENTS YOUR LOCAL PAPER

We specialize in analyzing and interpreting the important national and international news. Our intention is to bring the news into sharper focus. The Monitor has a world-wide staff of correspondents — some of them rank among the world's finest. And the Monitor's incisive, provocative editorials are followed just as closely by the men on Capitol Hill as they are by the intelligent, concerned adult on Main Street.

WHY YOU SHOULD TRY THE MONITOR You probably know the Monitor's professional reputation as one of the world's finest newspapers. Try the Monitor; see how it will take you above the average newspaper reader. Just fill out the coupon below.

The Christian Science Monitor

One Norway Street Boston, Massachusetts, U.S.A. 02115 Please start my Monitor subscription for the period checked below. I enclose \_ (U.S. funds).

]	1	YEAR \$24
]	3	months \$6

☐ 6 months \$12

Name _	 	 	_	
Street				

ZIP Code

Mr. and Mrs. Robt. I. Fey, he's custodian for Alpine Fire Department, welcomed their son and family, Mr. and Mrs. Robert L. Fey and 3 children from Waukegan, Ill. They plan on spending 2 and maybe 3 weeks here and hope to take in all of the interesting new things in San Diego.

It has been two years since they were here before and the Feys have been looking forward to the visit. Fey is manager for REA Express Co. back there.

BOY DROWNS STORY From page 1 the Sun," and this time they just could not aid each other in that strong undertow. Officers said it was seen the boys were in trouble, but both drowned bebefore aid could reach them. The other body was recovered quickly, but the water took Ted out and later a helicopter brought him back, but it was too late."

Ted was born in National City, was a graduate of El Capitan, enlisted Oct. 5. 1964. Funeral was Tuesday at Paris Mortuary with full military honors and burial planned for Ft. Rosecrans National Cemetery. Ted attended the H. C. Community Church, whose pastor, the Rev. A.O. De Groat, conducted the services.

Prior to Ted's enlistment, he was a senior volunteer for the Harbison Canyon Fire department.

Ted's brother, Bruce, 17, plans to go in the Navy in October.

CHAMBER OF COMMERCE Story from 1

\$10., and everyone helps Alpine by belonging to the chamber."

It answers many enquiries, sends out copies of the Sun, Alpine map, weather summary and the new illustrated folder on this growing community.

George L'engbridge FOR TV SERVICE Black & White or Color 445-3885

30¢ PER LINE PER TIME. CASH ONLY. COUNT SIX WORDS TO EACH LINE, MAIL O THE SUN, TRT. 1. BOX 189. ALPINE.

### FOR SALE, MISCELLANEOUS

FOR SALE - About 12-bed capacity remodeled rest home, 2 bldgs, all electric, on 25 acres, 1015 frontage on Hwy 80. Make offer. Write Broni, Rt. 1, Box 611, Alp. Calif. 92001. (tf)

TWO gorgeous view lots, 1 to 2 acres, \$2400 per acre. Overlooks Alpine, sea view, Smith Realty, 445-2670 (tf)

FOR SALE, Oat Hay, \$1.25 a bale. 44.5-2467.

Utility EVAPORATIVE COOLER, 30 inch square, with pump, good cond. \$25. Call 445-3083. (8/11)

5 Year Old Chestnut mare, 445-4361

Evaporator cooler, lawn furniture, redwood table & umbrella, TV set, motor bike. 445-2226.

Small filly, 3 years, green broke, \$150. Double maple bedstead, spgs. and mattress, \$25. Hotpoint automatic washer, \$20. 445-3606.

Innerspring mattress and box springs. Good condition. \$20. 445-2336.

RYP Juicer, stainless steel, excellent cond. Makes delicious carrot juicer & ejects pulp. \$70. 445-2415 or 2394.

### FOR RENT

ENJOY FRIENDLY LIVING among tine folks - - in a newly decorated apartment at the AIPINI COTTAGES. Center of Alpine - Carna Ja neson

NICE STORE with comfortable living quarters for lease, Hwy 80, Alpine. Call 223-1325. (tf)

For Rent. \$55. Studio Cottage. Furnished. Water paid. Large Oak trees. Descanso. 445-2228.

Studio Furnished Apt. Utilities paid. \$50. a month. Man pensioner pref. 15911 Hwy 80. 445-4080.

Alpine needs a bowling alley.

### SPECIAL NOTICES

Ted Weeks Jr. Construction Co. Gen. contractor, commercial, residential, remodeling, 11437 Rocoso Rd., Lakeside 443-1898.

INTERIOR - Exterior - Painting, Reasonable. Fast. 22 years. exp. Neat, Clean. PO Box 242, Alpine. 445-2747.

CUSTOM PLUMBING, All work guar. 24-hour emergency service. Lic. and Insured. 445-2453 Alpine. If no ans. call 445-2104. (3-24)

Ruth Burdet: plano lessons. 445-2077.

La Mesa Gold Seal Cleaners & Laundry Free pickup & Delivery, 466-5957.

CARL'S READY MIX. Concrete. 445-2780.

ALPINE CLEANERS & Laundry. Alterations a specialty.  $2251\frac{1}{2}$  Hwy 80.445-445-4083.

MASONRY, CEMENT, rock, stone, blocks, etc. Expert work. Reasonable. Call. 445 2184. (8-11)

AT STUD. Nationally Advertised young Pinto and Appaloosa. Woodie Mitchell, Alpine. 445-2014.

BUSINESS CARDS, \$5.75 per M. Blue or black, postpaid anywhere in US. Add 4% sales Tax. 445-2415. Alpine Sun.

PINE ACRES TREE NURSERY 8 to 10' shade trees \$3.50 each. Small shrubs and shade trees,  $59\phi \& 79\phi$ . 445-3037.

### SEPTIC TANKS CLEANED

MODERN SEPTIC TANK SERVICE 444-6197.

\$10. Reward for 2 lost dogs. Last seen Sunday night So. Grade & Tavern Rd. Chihuahua & small black, long haired female, brown paws. Dogs have tags, #780 and 800. 445-4186 or 445-4324.

Found gelding horse, Vicinity Smiley's Motel. 445-2052.

20

Ent. as 2nd Class, Alpine, Calif.

Return Postage Guaranteed

### Alpine's Fine Weather

High 92, Ave. High 88 low 56, Ave. low 58 No Rain, Sea. 0

Elev. 2000 Ft. Population 3733 Where the Sunshine Spends the Year DON BATES RT. 1, BOX 631 ALPINE, CALIF.



FOR A COMPLETE QUALIFIED DECORATOR SERVICE

Investigate Us Before You Invest

Oelkers Furnishers

467 N. MAGNOLIA AVE. EL CAJON FREE PARKING